

Band Camp...

What to Expect

Rehearsal

Band camp rehearsals are some of the most intense rehearsals of the season. Your child will come home sore, tired, and mentally drained at the end of every day. **This is perfectly normal.** Our students are capable of a lot, and we draw every ounce of potential out of them this week! We ask that they stay hydrated when they are not at camp, and get a lot of rest before showing up in the morning! Your child may complain about some aches and pains, **and this is completely normal.** We work very hard and in long hours. If your child has an injury where they have a greatly limited range of motion, or **severe** pain, please let a staff member know and seek medical help.

Absences

Absences during the week of band camp **are not tolerated.** Band camp is the most important week of rehearsal in the entire marching band season. We ask that all families make band the top priority for their child this week. The only excused absences will be family emergencies, or events that have been cleared with me at least two weeks in advance. **Unexcused absences at all rehearsals will be reflected negatively in your child's grade, as stated in our handbook.**

Meals

Students will need to pack, or provide arrangements on their own for a lunch. **We will not be feeding the band lunch.** However, **we DO feed the band dinner.** Lunch will be at 12:30, and dinner will be provided at 5:30.

Materials

All students will need their music, **in their binder with plastic sleeves**, dot books, **with all coordinates written in through Act I**, a water jug, sunscreen, and a great attitude! Please make sure that your child is well rested, had a good breakfast, and is hydrated!