Dear Outback Bowl Mass Band Flag team participants (And coaches and Directors),

Below is the list of all videos provided for you for practice and learning preparation for the half-time of the 2020 Outback Bowl. The links are for the YouTube videos that I’ve posted. The links should be easy to locate. Please, share them with your students, and get them learning and memorizing as soon as possible. Some parts are broken into just instructional, and some are videos of me performing the routines. If there is discrepancy from the notes…and the video, follow the NOTES. See you SOON!!!

Cathy Kersten

Introduction: <https://www.youtube.com/watch?v=CwiXr0LXnmE>

Explanation of Moves <https://www.youtube.com/watch?v=k2dc59vCN5I>

Part 1 of Eye of Living Prayer Instructional <https://www.youtube.com/watch?v=gtp28YmQ8Hw>

Part 2 of Eye of Living Prayer Instructional <https://www.youtube.com/watch?v=GidCa_JpR_Q>

Eye of Living Prayer VIDEO from Front

<https://www.youtube.com/watch?v=uqbbCT0omLU>

Music 'n Motion Productions

Part 1 Rock Medley (Instructional) [https://youtu.be/EdUGyFvJToE](https://youtu.be/EdUGyFvJToE" \t "_blank)

Part 2 Rock Medley (Instructional) [https://youtu.be/phCKSWBuaJo](https://youtu.be/phCKSWBuaJo" \t "_blank)

Part 3 Rock Medley (Instructional) [https://youtu.be/Q03GZo25wLo](https://youtu.be/Q03GZo25wLo" \t "_blank)

Part 4 Rock Medley (Instructional) [https://youtu.be/xXkIHk22azU](https://youtu.be/xXkIHk22azU" \t "_blank)

Part 1 Rock Medley VIDEO [https://youtu.be/CgOMb8ddBjQ](https://youtu.be/CgOMb8ddBjQ" \t "_blank)

Part 2 Rock Medley VIDEO [https://youtu.be/LnK7VaWIqzk](https://youtu.be/LnK7VaWIqzk" \t "_blank)

Part 3 Rock Medley VIDEO [https://youtu.be/6cP1Wxb-PHM](https://youtu.be/6cP1Wxb-PHM" \t "_blank)

Armed Forces (Quick Instructional) [https://youtu.be/6DD\_lQbNNGM](https://youtu.be/6DD_lQbNNGM" \t "_blank)

Armed Forces FULL Video Front [https://youtu.be/M5CPZFJFvgU](https://youtu.be/M5CPZFJFvgU" \t "_blank)

Armed Forces FULL Video from Back [https://youtu.be/L7f\_SzvMUTM](https://youtu.be/L7f_SzvMUTM" \t "_blank)